

# STAPLE DIET

No. 180 September 2024

(The West Quantoxhead Village Newsletter)

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## SERVICES AT ST ETHELDREDA'S CHURCH

### ST ETHELDREDA'S CHURCH

1st Sept	9.30am	Communion CW with Nicky Morgan
8th Sept	9.30am	All Age Worship CW with Clare Phillips
15th Sept	10am	"New Benefice Celebration" +Michael B&W at CROWCOMBE
22nd Sept	9.30am	Communion CW with + Nigel Stock
29th Sept	10.30am	Benefice Communion Harvest NM at NETTLECOMBE
6th Oct	9.30am	Harvest Communion CW Steve Moreley KENN'S WEATH

## PARISH COUNCIL

Parish Council Meetings:

4<sup>th</sup> September and 6<sup>th</sup> November 2024. 7.30pm in the Village Hall. Everyone is welcome to attend, come and see what we do.

## KENN'S WEATHER REPORT

Weather report for July 24 in West Quantoxhead. The first half of the month cool almost Wintery.

Rainfall; total 73.5 mm all in the first 18 days. Temperature after a low start, climbed to 23c on the 18th. Continuing warm and peaking around 26c on 31st. Recordable sunshine on 20 days. No high winds. Kenn E.

## FLY TIPPING

There have been reports of fly tipping in the village. This is very worrying as it causes the landowners a lot of expense, distress and hard work to have it removed. Some people think the Council will carry out removal, but they **DO NOT**. It is the landowner's responsibility. If you see any fly tipping taking place Please report it to the Police, if you can SAFELY obtain a vehicle registration number it would be most helpful. We all need to protect our village. Sue Sherry

## FISH AND CHIP LUNCH

Malcolm and Joyce would like to thank all those who came to the Fish and Chip lunch or gave a donation. We sent £340, to Minehead RNLI - a worthwhile effort.

## ST. AUDRIES ART GROUP

The Art Group meet every Wednesday in the Village Hall from 10am until 12.30pm. New Members are very welcome - if you would like to know more about us please contact Maureen on 07932430103 or Pat on 01984 632729.

## COFFEE MORNING AT ST AUDRIES VILLAGE HALL

The next coffee morning will be held as usual on the first Monday of the month i.e. 2nd September from 10.30 am until about mid-day. Coffee or tea are still £1 per cup and the biscuits are free. Come and have a chat with your fellow villagers, new faces are always welcome. Contact Sue Sanders 632759 or Isobel Newton 632274 for more details.

## VILLAGE COMMUNITY GROUP

There are still a few places for the afternoon/cream tea event at The Copper Kettle, Dulverton on Wednesday 4th September at about 2.30 pm. Contact Kenn Everard 633060 to see if you can be fitted in (places are limited but you should be ok) and for more details. Lifts can be arranged if required. The next Group meeting will be held in the Village Hall on Wednesday 18th September at 3.00 pm with the aim of discussing plans for future events and in particular starting to finalise arrangements for 'The Stoggymen' evening on 26th October. We're looking for volunteers (not skivvies) mainly to help with the refreshments e.g. plating up (kitchen duties will be reduced to an absolute minimum i.e. disposable crockery, cutlery etc. - costs already covered. Tickets are now available at £10 per person from Sue and Mike Sanders on 632759.

## VILLAGE SKITTLES

Our monthly, very friendly, skittles match will be held as usual on the third Wednesday of the month i.e. 18th September at The Valiant Soldier, Roadwater. We meet at 11.30 am, book a meal, play a few games and then have lunch, usually around 1.00 pm. It's always good to see new faces, it's great fun and no experience is necessary. Contact Sue or Mike Sanders 632759 for further details.

## FINAL POST BOX UPDATE

After further correspondence, the Royal Mail have flatly refused to re-locate the Post Box which was removed from the Avenue in December. Their position remains unchanged in that there is another Post Box within 240 metres at the garage, so they have met their statutory requirement for 98% of the population to be within half a mile (as the crow flies!) of a post box. They have completely ignored the fact that there is an alternative site which has been offered by the Parish Council within 15 metres of the original location ie on the corner of Bracken Edge. In an effort to lessen the impact of their decision they have stated that postmen and postwomen will collect mail when delivering post, providing it bears the correct postage. This is not the outcome that we wanted

## CRAFT GROUP

**We break up for the Summer on the 16 July until 3 September.**

Craft Group meets on Tuesdays 2 to 4.30 in the village hall. £2 per session including tea, cake & biscuits.

We all have a mixture of crafts, ranging from Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal card making and many more.

New members are always welcome come in and meet us or phone/email June on 01984-632410.

[June.Bissell@BTInternet.com](mailto:June.Bissell@BTInternet.com) or Jenny 01984-633556

## ROYAL PARKS HALF MARATHON

On Sunday the 13th October 2024 I will be taking part in the Royal Parks Half Marathon in central London, raising funds for the Motor Neurone Disease Association. You will see me running through the village either on my own or with my training partner Kiki the dog. I am raising funds for this charity partly in memory of Richard Hughes, a well-loved villager, who also served on various committees in the village and also as a former rugby player and how this is affecting many former players. If you would like to support me raising funds for this worthwhile charity, please go Just Giving and search Paul Mote Or if preferred you can drop any sponsorship to my home which is Springfields on the main road. Paul Mote

## EAST QUANTOXHEAD VILLAGE HALL

Good Habits Saturday 19th October £11/ticket or £6 concessions. Tickets from [www.takeart.org](http://www.takeart.org) or Rocky on 07876747578. Good Habits are joyous genre-fusion folk duo that have received international critical acclaim and become rising stars in the UK indie-folk scene. After winning awards for their unique blend of indie and folk, they released their latest album "Quarter-Life" in 2024 which charted in the Top 40 Official Folk Charts and received multiple 5\* reviews and radio play across the BBC, The Morning Star, Song lines and internationally. Folk music at its 21st century best" Tom Robinson, BBC Radio 6.

## TEMPORARY ROAD CLOSURE

Taunton Road, Bicknoller, Sampford Brett Reference: SWT37(2023) 0524 - SD007680 Please be aware that we have received notification of a temporary road closure at Taunton Road, Bicknoller, Sampford Brett for approximately 165 metres, which will commence on 27th August 2024 and is expected to last until 29th August 2024 (between 09:00 to 15.30hrs). These phased works are for Prep works, Surface dressing and associated works, their works reference is LG018-SD007746-SD-01.

## EAST QUANTOXHEAD HARVEST SUPPER

Saturday 14<sup>th</sup> September at 6.30pm

East Quantoxhead Village Hall

Tickets £10 per person, bring your own drinks

Please book in advance on 01278 653390

## COFFEE MORNING

### EAST QUANTOXHEAD VILLAGE HALL

"Breakfast and Bric a Brac" Saturday 21st September 10 til 12

Come and join us for breakfast sausage/ bacon and egg bap,

Tea and Coffee, Bric a brac

## BE A GOOD NEIGHBOUR

Sadly, a recent death in Bicknoller has brought into stark focus the potential risks of living alone without any regular contact from family, friends or neighbours. Living alone, whatever your age or state of fitness, does carry with it a greater risk than normal in the event of an accident or health emergency if help is not immediately on hand. While there is a fine line between interfering and being concerned, being a good neighbour can just be about keeping an eye on someone you know who lives alone – be aware of the 'absence of the normal, the presence of the abnormal'. If you think there is something amiss, just go and knock on the door and ask if everything is alright. Likewise, if someone does knock on your door asking if you are ok, please do not be offended – they are just being a good neighbour and showing they care.

## PEACE OF MIND AND SECURITY

With the above article in mind, there is a mobile phone on the market which is JUST a phone, has large keypad and an important added feature of an SOS button. The SOS button is programmed to call a number of your choice in an emergency. You can have it as PAY AS YOU GO, so there is no monthly fee. The Mobile phone costs approx. £25. It also has the added advantage of working when you are away from home, unlike the lifeline service. I feel it is a great device with the important safety and peace of mind, 24/7 all for just £25. Whilst I do not work for a mobile company, I would be more than happy to help anyone that is interested in purchasing one and if needed I could help you programme the SOS button. I would put more detail here, but we have so many entries this month. I will try to add details next month. Call Sue on 01984 568742.

## Fireworks

Sunday 1<sup>st</sup> September, 9.25 – duration 3 minutes

Tuesday 17<sup>th</sup> September, 9.30pm – duration 5 minutes

Wednesday 25<sup>th</sup> September 8.30pm - duration 7 minutes



**Please note new telephone number**

Copy date November's Newsletter 20<sup>th</sup> September

email: [wqnewsletter@yahoo.com](mailto:wqnewsletter@yahoo.com). Phone 01984 568742