STAPLE DIET

No. 182 November 2024 (The WestQuantoxheadVillage Newsletter) Editor – Susan Sherry@wqnewsletter@yahoo.com

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SERVICES AT ST ETHELDREDA'S CHURCH ST ETHELDREDA'S CHURCH

November

3rd Communion with Steve Morley at 9.30am

10th Holy Communion followed by The Act Of Remembrance with Nicky Morgan at 10.15am.

- 17th Benefice Communion Service at BICKNOLLER with Nicky Morgan at 10.30am
- 24th Morning Service with David Gover at 9.30am

December

1st Communion Service with Nicky Morgan at 9.30am

REMEMBRANCE SUNDAY 10th NOVEMBER

There will be a Service of Remembrance at St. Audries Church including a short Holy Communion commencing at 10.15am Everyone will be most welcome.

PARISH COUNCIL

Parish Council Meeting:

6th November 2024, 7.30pm in the Village Hall. Everyone is welcome to attend, come and see what we do.

THANK YOU FOR YOUR SUPPORT

The Parochial Church Council wishes to thank all those who so kindly donated harvest gifts and decorated the Church for the recent Harvest Thanksgiving Service at St. Audries Church. Croft House were extremely pleased to receive the apples and other fruit and the Quantock Food Cupboard were delighted with the groceries and preserves. Thank you all very much. Jane Stafford

KENN'S WEATHER REPORT

SEPTEMBER'S WEATHER CONDITIONS - All in all, a mild month if rather wet; there was enough rain to hide a 2 pint milk bottle stood vertically on the ground. The warmest day was the 1st with 24.5c at 1:30pm and the coolest was the 13th with 4c at 5am. There were no really windy days but 2 gusty nights. Rainfall on 19 days peaking on the 5/6th with 58mm making a monthly total of 248 mm (another record). For those interested, Aurora displays have been seen.

ST. AUDRIES ART GROUP

The Art Group meet every Wednesday in the Village Hall from 10am until 12.30pm. New Members are very welcome - if you would like to know more about us please contact Maureen on 07932430103 or Pat on 01984 632729.

COFFEE MORNING AT ST AUDRIES VILLAGE HALL

This will be held on the first Monday of the month as usual i.e. 4th November from 10.30am until about midday. Coffee and tea are still £1 per cup and the biscuits are free! Come and have a chat with your fellow villagers - new faces are always made most welcome. Contact Isobel Newton on 632774 or Sue Sanders on 632759.

For those less able to trek around the village dropping off their greetings cards this Christmas, we are thinking of reprising the Christmas card "drop" in December. This involves bringing along to the December Coffee Morning any cards you wish to send to neighbours or locals whose homes are not familiar to you. They are gathered up at the coffee morning and delivered around the village with very little effort on the part of the sender. We try to arrange that each road/cul-de-sac etc. will have at least one fit person willing and able to act as postman for a few homes, so don't feel left out - get writing !

CRAFT GROUP

Craft Group meets every Tuesday 2 to 4.30 in the village hall, it's £2 per session including tea & biscuits. We have a mixture of many craft hobbies including Patchwork, Quilting, Crochet, Knitting, Stitching & Crystal Card making. New members are always welcome. Phone June 01984.632410 email June.Bissell@BTInternet.com or Jenny 01984.63355

VILLAGE SKITTLES

The next match will be held on the third Wednesday of the month as usual i.e. 20th November at The Valiant Soldier, Roadwater. We meet at about 11.30, book a meal, play a few games (the number very much depends on how many turn up to make two teams!) and then have a very pleasant lunch at about 1.00pm. It's not too serious and great fun - a few new faces will be made very welcome even if you have never played before. Contact Sue or Mike Sanders on 632759.

POETRY GROUP FOR OCTOBER

Daphne Wheeler has kindly offered to host our group on Thursday 31st October at 2.00pm at Ferndale, The Avenue, when we will share Hallowe'en and other mystical poems! If you would like to join us, please contact Joyce Baxter on 01984 633537.

VILLAGE COMMUNITY GROUP

By the time you read this our evening with The Stoggymen will be but a recent memory but hopefully will have been a great success. Any proceeds from the evening will have been donated to the Williton Hospital League of Friends we will report on this in the December edition. Although there is no event arranged for this month there will be a Group meeting on Wednesday 20th November in the Village Hall at 3.00pm, primarily to discuss arrangements for the proposed pre-Christmas afternoon tea planned for 11th December and hopefully think about plans for 2025. All are welcome to come and contribute - with ideas and offers of help if possible! Contact Sue or Mike Sanders on 632759.

ROYAL PARKS HALF MARATHON UPDATE

On Sunday 13th October I completed the Royal Parks Half Marathon with a finishing time of 2hrs 10mins. I would like to thank all the villagers who supported me and gave generously to the Motor Neurone Disease Association, and I have raised the grand total of £575 so far, of which £305 came from the village, which was fantastic. Thank you all for your support and you will still see Kiki and myself running occasionally through the village keeping fit.

PATIENT PARTICIPATION GROUP (PPG)

Phil and Mike Keenan from Keepers Find in Staple Lane 01984 634731 mikejkeenan@btinternet.com are both members of the PPG at the Medical Centre in Williton. Their role is to be the conduit for all of us in West Quantoxhead, who for whatever reason, possibly a complaint or a suggestion for improvement of medical services or to bring to notice an outstanding contribution from any of the medical staff. Do let them know and they will not only address any issue you want to raise but ensure you receive some feedback.

CHURCH FLOODLIGHTS

The Windmill Inn has very kindly offered cover the costs of the Church Floodlights. You will see them lit between 5.30 - 9.30 pm each evening, which will be a very welcome and reassuring sight. Thank you to James and Michael for this much appreciated gesture.

WESTERN AREA ROCK CHOIR

The very popular Western Area Rock Choir are returning to sing in East Quantoxhead Church on Saturday 14th December at 3.15 pm. Come and hear them sing and enjoy some festive refreshments. Donations for East Quantoxhead Church.

CHURCH FUNDRAISING – THANK YOU

Thank you to everyone who responded so generously to the Church Fundraising Leaflet which was sent out last month. Your donations will help us to maintain our Parish Church for the future. The forthcoming Quinquennial Inspection (Church MOT) in November will hopefully not highlight too many problems which may be costly to rectify. THANK YOU ALL VERY MUCH again from the Parochial Church Council.

SUPPORT FOR SOMERSET HOUSEHOLDS WITH FOOD AND ENERGY BILLS THIS WINTER

Somerset families and residents who are struggling to pay the bills this winter could be eligible for support with the cost of food, energy, water, and other essentials over the coming months. Somerset Council will be distributing £3.8m to those in need between October 2024 and March 2025 as part of the Government's Household Support Fund. The funding will be spent as follows:

In addition to the Household Support Fund, the following support is available for Somerset communities:

Food support for families in Somerset. - Foodbanks and pantries : Food banks (somerset.gov.uk).

Libraries – All Somerset libraries have been designated as Warm Welcome Spaces, which means anyone in the community is welcome to come and spend time in the library. Find a local library here: Our libraries (somerset.gov.uk).

Pension Credit – Residents are also encouraged to check if they could be eligible for Pension Credit, which provides extra money to help with living costs for people over state pension age and on a low income. Apply online at www.gov.uk/pension-credit, or call the Pension Credit claim line on 0800 99 1234.

Help4All – There is further information and advice, including help with Housing Benefit, Council Tax Reduction and Public and Community Transport on the Help4All website. Find out more: #Help4All (connectsomerset.org.uk).

Copy date for December's Newsletter 20thNovember email: wqnewsletter@yahoo.com. Phone 01984 568742